

# Herne Hill Velodrome

## Code of Conduct for Parents and Carers

Updated: March 2024

As a parent of a child or young person taking part in activities at Herne Hill Velodrome we'd like you to:

The essentials:

- Make sure your child has the right kit for the session as well as enough food and drink. Remember that cycling is a strenuous activity and they may require more food than at other times as they will be very active during the day.
- Make it to sessions on time and is picked up promptly, and let a member of staff know if you're running late or if your child is going home with someone else
- Complete all consent, contact and medical information as accurately and thoroughly as possible, and update us if anything changes
- For riders aged 11 and under, a parent or carer or other responsible adult must be present on site during the session.
- For riders over 12, we recommend parental/carer supervision but if they are alone, please make sure you are contactable in case of an emergency, and provide a second emergency contact number if you know that you'll be unreachable at times.
- Make sure your child wears all protective kit necessary for the activities: this includes a helmet (we do have some to borrow if necessary), gloves or mitts, suncream on all exposed skin from April to October, and appropriate clothing for the weather.
- Maintain a good relationship with your child's coaches and catch up with them as much as you can about your child's development
- Talk to us if you have any concerns about any party of your child's involvement - we do want to hear from you

Behaviour

- Try and learn about your child's sport and what it means to them



- Take the time to talk to your child about what you both want to achieve through sport
- Remember that children get a wide range of benefits from participating in sport, like making friends, getting exercise and developing personal skills. It's not just about winning or losing.
- Listen when your child says they don't want to do something
- Behave positively on the sidelines - shout encouragement, say 'well done', and let them know you're proud of what they're doing
- Think about how the way you react and behave affects not just your child, but other children too
- Wait in the stands throughout the activity and do not cross the track for any reason unless given permission by a coach or person in charge of the session. This includes to give water, clothes or other items, for encouragement or other reason, or even in case of an emergency. Independence is good for them, and in case of a crash involving your child you may not notice that it may be unsafe to cross the track in your haste.
- Accept the coaches or commissaire's judgment in the case of racing, and do not enter the track or kick up a fuss
- Use social media responsibly when talking about the velodrome or our sessions, by behaving in the same way as you would in person
- Talk to your child about good etiquette and sportsmanship
- Encourage your child to play by the rules
- Ensure your child understands their code of conduct

As a parent or carer, we understand that you have the right to:

- Be assured that your child is safeguarded during their time with us
- See any of our policies and procedures at any time
- Know who the welfare officer is and have their contact details
- Know what training and qualifications our staff have
- Be informed of problems or concerns regarding your child
- Know what happens if there's an accident or injury, be informed if your child is injured and see records of any accidents
- Have any concerns about any aspects of your child's welfare listened to and responded to



We expect all parents/carers to follow the behaviours and requests set out in this code of conduct. If any parent behaves in a way that contradicts any of the points set out above we'll address the problem right away, and aim to resolve the issue.

Persistent concerns or breaches may result in parents being asked not to attend if their attendance is considered a risk to the welfare and enjoyment of young participants.

**Continued issues and breaches of this code may result in us regrettably asking your child to leave the activity, club or event permanently for the welfare of other young people and staff. This is something we never want to do.**

March 2024

Further information available via our website [hernehillvelodrome.com](http://hernehillvelodrome.com), or by emailing our Child Welfare Officer, Thea Smith, [tsmith@hhvt.org](mailto:tsmith@hhvt.org)



The Herne Hill Velodrome Trust is the charity (Charity Commission number 1140128) established in 2011 to lead the refurbishment and renewal of the Herne Hill Velodrome site for current and future generations of cyclists.